

# contact



Phone: (604) 331-8901, Extension 3



Email: [transcareintake@vch.ca](mailto:transcareintake@vch.ca)



• Website: [vch.ca](http://vch.ca)  
• Search:  
Trans Specialty care

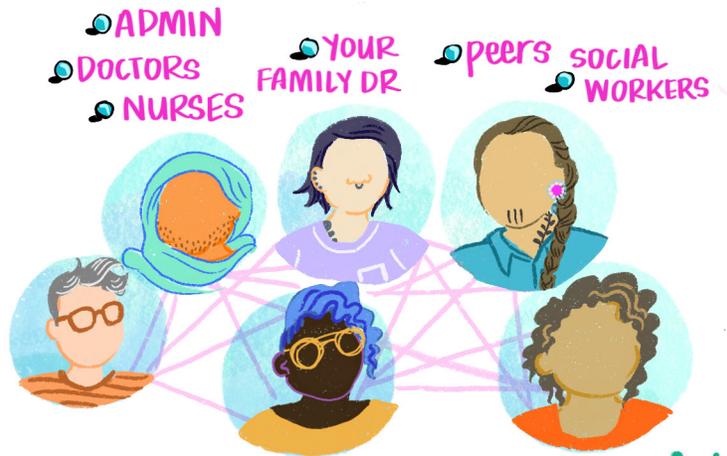


# TRANS SPECIALTY CARE PROGRAM

## our team

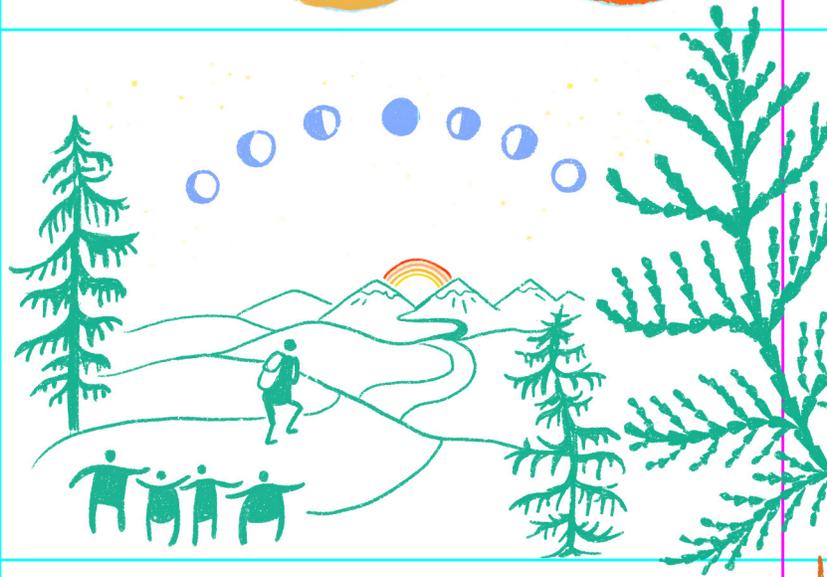
We are a team of doctors, nurses, social workers, peers and admin staff that provide short-term, specialized services to Two-Spirit, transgender, gender diverse, & non-binary persons living in Vancouver.

We work in partnership with your primary care provider (family doctor or nurse practitioner) to deliver gender-affirming care.



## a gender-affirming approach to care

- We believe that clients are the drivers in their own journey
- We respect each person's gender identity & expression
- We see our role as supporting clients to reach their gender-affirming goals
- Open, honest and confidential communication to deliver gender-affirming care



## who we see

- Age: 15 year+ (no upper age limit)
- Where: Vancouver Coastal Health region: Vancouver, Richmond, the North Shore and Coast Garibaldi, Sea-to-Sky, Sunshine coast, Powell River, Bella Bella and Bella Coola.

Folks living outside the Vancouver Coastal Health region will be referred to our partners at Trans Care BC to explore options closer to home.



# services offered



hormone starts



surgical readiness  
assessment(s) & referrals



pre/ post-operative care



limited social  
work support



limited peer &  
group support



ID & name changes



translation services  
during appointments



Referrals to the Vancouver  
Division of Family Practice  
or Trans Care BC to find  
a primary care provider  
(family doctor or nurse  
practitioner)

# referral process options



- new to the clinic and have not started hormones?
- complete our online form:



- already on hormones & seeking surgical readiness assessment for lower surgery or breast augmentation?
- ask your family physician or nurse practitioner to complete our referral form:



- We'll call you within 1 to 2 weeks of receiving your referral.
- If you haven't heard from us after 2 weeks, Please check your spam folder...then call us: (604) 331-8901, Extension 3

- Trans Canada Lifeline  
translifeline.org  
1-(877)-330-6366

- Trans Care BC  
www.phsa.ca/transcarebc  
(BC) 1-866-999-1514  
BC 604-675-3647  
transcareteam@phsa.ca

- Catherine White Holman  
Wellness centre  
cwhwc.com  
contactus@cwhwc.com  
604-442-4352

# resources

- Saige Community Food Bank  
saigecommunityfoodbank.com

- TCBC Peer support directory:  
phsa.ca/transcarebc/care-support/peer-community-support/srvc-directory

- Qmunity  
qmunity.ca  
reception@qmunity.ca  
(604) 684-5307



# land acknowledgement

The Trans Specialty care Clinic would like to acknowledge our places of work lie on the traditional homelands of the fourteen First Nation communities of Heiltsuk, Kitasoo-Xai'xais, Lil'wat, Musqueam, N'Quatqua, Nuxalk, Samahquam, Sechelt, Skatin, Squamish, Tla'min, Tsleil-Waututh, Wuikinuxv, and xa'x'tsa.

We acknowledge the history of colonial violence that has been enacted upon Indigenous peoples and in particular the specific gendered violence against Indigenous women, indigiqueer, and Two Spirit identified folks.

We as a team work towards decolonizing our practices by taking meaningful steps towards dismantling the existing structures of systemic racism that have impacted Indigenous people and ensure that Indigenous approaches and ways of knowing are part of our programs.

# map



Address: Three Bridges  
Community Health Centre  
1128 Hornby Street, 4th Floor  
Vancouver, BC V6Z2L4