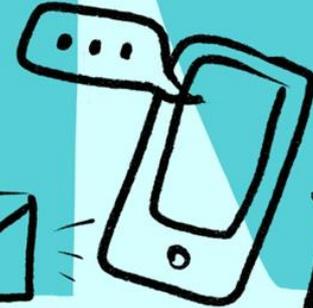
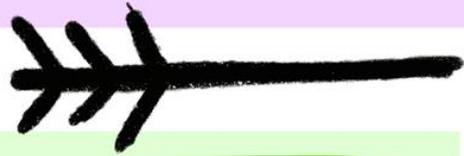


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CLEAR COMMUNICATION

- **Clear Communication** is about more than what is said, it's also about *how* it's said!
- For it to be **Clear Communication** someone's words and body language need to match!
- If someone says 'Okay' but their body language seems unsure, or doesn't quite match what they are saying, it's good to check in and let them know there's **No Pressure**
- What are some examples of **Clear Communication**?

UHM, IS IT OKAY TO HOLD YOUR HAND?

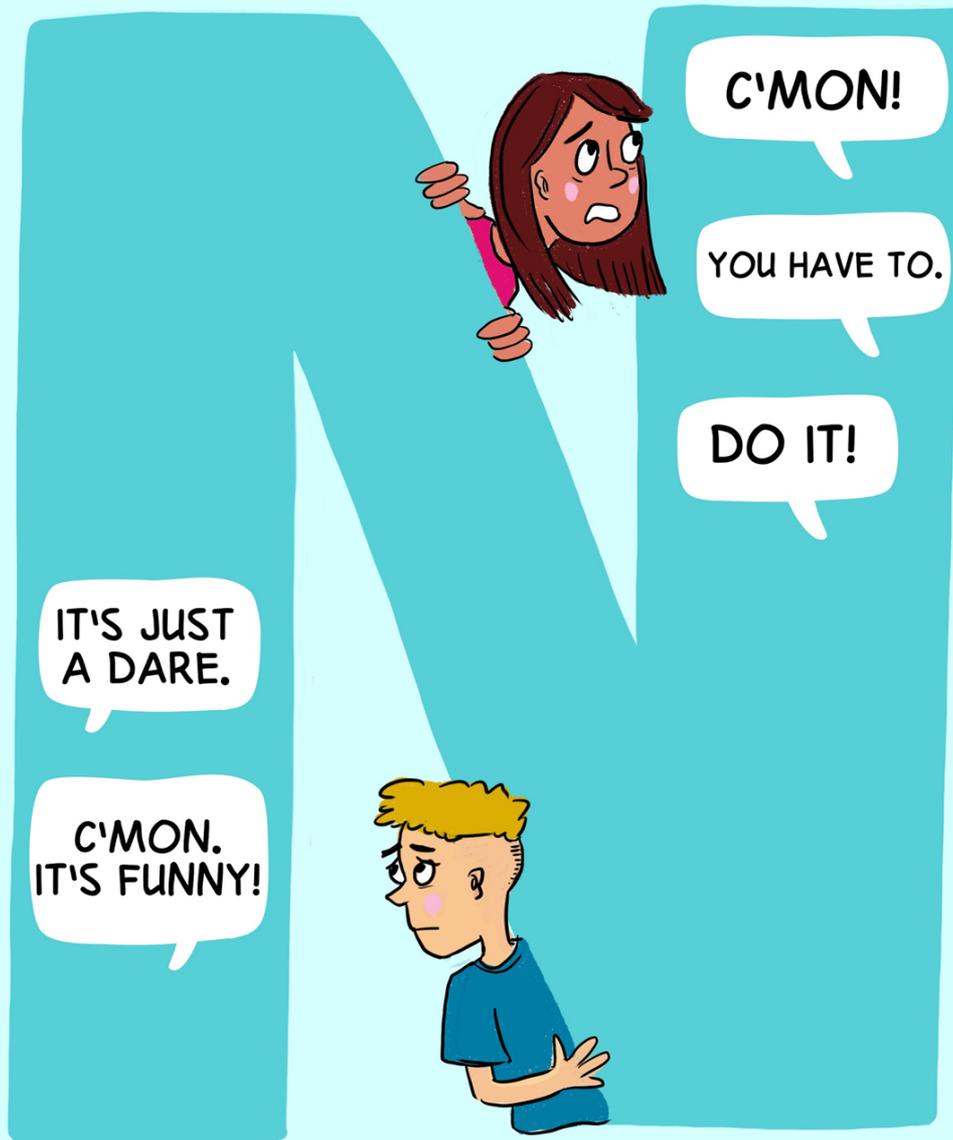
YA, I'D LIKE THAT:)





ONE STEP AT A TIME

- It can be exciting to get to know someone, especially when there are ~crushy feelings~ involved!
- It's important to take things **One Step at a Time** for two reasons:
 - One reason is that it can make someone uncomfortable and not want to keep connecting if the other person is moving too fast
 - The second reason is that sometimes it takes a minute to figure out our thoughts and feelings, if we take lots of steps at once, we don't give ourselves time to figure out how we *really* feel, what we think, or what we want!
- What do you think would be the next few steps for the people in the picture?



NO PRESSURE

- These are a few ways that people can feel **Pressure**:
 - **DARING** someone to do something
 - Asking them **OVER AND OVER**
 - **TEASING** someone for not wanting to do something, or trying to embarrass them
 - **THREATENING** someone
- If someone is **PRESSURING** someone, then it's **NOT CONSENT**, even if the person says 'Fine, ok'
- It's important to think about what kind of friend we want to be, and to be respectful by letting people make their own decisions
- Can you think of some things you would say if a friend was being pressured?

SAME AGE

- **SAME AGE** is important because being older than someone means they have more power, and that's a form of **PRESSURE**
- This is such an important rule that there are also **LAWS** about what people of different ages can and can't do when it comes to flirting, dating, or touching
- **SAME AGE** applies both in person, and online!
- Sometimes people lie about their age, and while that's never a good idea, it's still **ALWAYS** the older person's responsibility to not do stuff with someone younger, because that's not **CONSENT!**
- Can you think of some examples of how being different ages creates pressure?
- Do you know the laws about **SAME AGE?**



EVERY TIME



- Changing our minds is normal, which is why we have to check with people **EVERY TIME** we want to do something physical or romantic with them
- If someone's body language changes, and it doesn't feel like **CLEAR COMMUNICATION** is happening, it's a good time to check in!
- It doesn't matter what we've done before, **we always get to decide in the moment**, and we always get to change our mind.
- Can you think of some reasons why people might change their mind?



NOBODY'S INTOXICATED OR ASLEEP

- If somebody is intoxicated or asleep, it's not **CLEAR COMMUNICATION**, which means it's not **CONSENT**
- If someone is **INTOXICATED** or **ASLEEP**, what they need is for someone to help take care of them and keep them safe
- If someone said they'd do something, and then became intoxicated or feel asleep, it doesn't count because we always need to check **EVERY TIME** if someone wants to do something with us
- How can you tell if someone is intoxicated?
- How can you keep a friend safe if they are intoxicated or asleep?

TAKE TURNS

- It's important to **TAKE TURNS** whether it's texting or touching!
- **TAKING TURNS** means that after you make a move, you wait and let the other person make a move, if they don't make a move, they might not be interested right now
- **TAKING TURNS** means you're both deciding what is best for you, and helps there be **NO PRESSURE**
- How many texts should you send someone before you stop and wait for them to take a turn?
- What would it look like to **TAKE TURNS** on a date?

