

Guidelines for Cleaning & Sanitizing in a Child Care Centre*

CLEANING is the removal of visible dirt from a surface.

SANITIZING is done after cleaning to reduce the number of germs remaining on a surface to a safe level.

A surface cannot be properly sanitized until it has first been thoroughly cleaned.

Routine cleaning and sanitizing of surfaces will help to reduce the spread of infection and disease.

Procedures

TO CLEAN: remove visible dirt by wiping up with a clean, wet cloth and a little household cleaning detergent. Wipe off excess water.

TO SANITIZE: wipe with a mixture of **one teaspoon** (5 ml) household bleach (5% - 6% chlorine) in **two cups** (1/2 litre) of water. Let stand for a minute and dry with a clean cloth.

Sanitizers other than bleach may be used but must be suitable for the intended purpose, especially on food contact surfaces or objects that children may put in their mouths. **READ THE ENTIRE LABEL.** Use the product exactly as directed on the label.

Cleaning & Sanitizing Guide

SURFACE OR ITEM	CLEANING OR SANITIZING	WHEN
KITCHEN		
Counters	Clean	Before & after each use
Food contact surfaces, dishes, trays, tabletops, bibs	Clean and sanitize	Before & after each use
Sinks	Clean	After each use
Cleaning cloths	Launder	Daily
BATHROOM		
Diaper table, potty	Clean and sanitize	After each use
Toilet, floor, sinks	Clean and sanitize	Daily & when soiled
SLEEP ROOM		
Bedding	Launder	Between children & when soiled
Cribs, playpens	Clean and sanitize	Between children & when soiled
Sleep mats	Clean and sanitize	When soiled
FLOORS		
All floors	Vacuum or sweep	Daily
Smooth	Wash	Weekly & when dirty
Carpet in infant & toddler rooms	Clean (steam or hot water)	Every 3 months
Carpet in over 3 rooms	Clean (steam or hot water)	Every 6 – 12 month
MISCELLANEOUS		
Cleaning cloths	Launder	After each use
Wet mops	Rinse with sanitizer solution and dry with head up	After each use

For instructions for cleaning toys, see “Guidelines for Cleaning Toys in Child Care Centres or Schools” on page 13.

For instructions for cleaning blood, vomit or diarrhea spills, see “Guideline for Cleaning Spills of Blood and Body Fluids” on page 14.

* School Boards have policies on cleaning and sanitizing in schools.