

# Older Adult Mental Health Services

Supporting older adults  
on the North Shore

Please speak with your  
family doctor or nurse  
practitioner about a  
referral.

There is no cost for services.

Clients remain under the care of their  
GP or NP.

Scan here to learn more:



<https://www.vch.ca/en/location-service/older-adult-mental-health-services-north-shore>

If you have any questions  
or want to learn more  
about our services  
please contact us at:

**Phone**  
604-982-5600

**Fax**  
604-982-5601

**Monday to Friday**  
8:30 am to 4:30 pm

We do not provide  
emergency services.

For a mental health emergency, please  
call 911.



**North Shore Older Adult  
Mental Health Team**  
Suite 350 – 145 West 17th St.  
North Vancouver, BC V7M 3G4



**We strive to help vulnerable people maintain their independence and autonomy in their own homes.**



## How we help

The Older Adult Mental Health Team is an interdisciplinary team providing community-based mental health services at no cost.

Our services help improve the quality of life of older adults (and their caregivers), who are vulnerable due to a combination of psychiatric, medical and social factors.

We offer psychiatric assessment and treatment for older adults who may require outreach services.

Our approach is to match services with individual needs. We provide case management and psychiatric services as needed and may also include liaising with pharmacies, families, and other community supports.

## Who we support

We support individuals, generally aged 65+ living on the North Shore who require an interdisciplinary team and meet one or more of the following criteria:

- A progressive cognitive disorder with associated psychiatric and/or behaviour management problems and/or co-occurring misuse of alcohol, prescription medications, or other substances
- A recently developed serious mental illness and physical and functional decline
- A severe and persistent mental illness with cognitive, physical, or functional decline

Individuals under the age of 65 will be seen if they have a progressive memory disorder with associated psychiatric and/or behaviour management problems.

## Our Services

We offer our clients a number of different services to meet their individual needs:

- Interdisciplinary assessment, treatment, and consultation
- Education to clients, their care partners, and community members

### **Specialized services:**

- Geri-psychiatric assessment and consultation
- Case management
- Psychosocial rehabilitation
- Functional assessment
- Group engagement