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## What does it mean to you to inspire inclusion and support gender equity?

International Women's Day is a day we use to remember and acknowledge the power of women and the unique abilities women have leading change around the world.

In my culture as a First Nations woman, I try to embody a matriarchal leadership style. This type of leadership embodies a supportive, caring, and people-centered approach which complements our health care model, and I believe is essential when developing thoughtful and sustainable change.

Matriarchal leadership reduces barriers and creates pathways for women in leadership while walking alongside to elevate and support their career journey. When women are supported in this manner, they not only benefit their workplace, work teams and organization, they also have strong impacts on society by creating space for diversity, equity and inclusion.

When women are successful, we not only need to celebrate their courage and talents, but ensure that they are supported and have the resources they need to continue to lead and mentor the next generation of change leaders. I was supported, and in turn, am inspired to support all women.

