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What does it mean to you to inspire inclusion and support gender equity?

Having served as a MAiD assessor and provider within the VCH Assisted Dying Program since 2017, I assumed the role of medical director for the VCH Regional Medical Assisted Dying Program in 2023, driven by my commitment to providing timely and appropriate medically assisted deaths. As a South Asian woman, I offer a unique perspective on the cultural heterogeneity of the MAiD landscape within British Columbia.

I am a strong advocate for equity within my profession and for the public health care system, which has led me to join the NP Council for the Nurses and Nurse Practitioners Association of British Columbia (NNPBC). I was elected as the Vancouver Councillor in 2021, President-Elect in 2022 and am now the current President of NP Council and member of the NNPBC Board of Directors. More recently, I have been embarking on an entrepreneurial venture and am in the process of building a wellness brand.

I pride myself on my ability to lead with a collaborative lens that thrives on diversity, innovation, and positive change. As a South Asian woman assuming various leadership roles, I strongly believe that to inspire inclusion and support gender equity one must ensure that every person, regardless of their gender identity, feels involved and empowered. It means embracing diversity for its uniqueness while also promoting equal and fair opportunities. I envision a cultural shift that embraces women to take on roles where they are given a voice, alongside opportunities to make positive societal impacts, such as addressing gender inequity and discrimination.

“There is no limit to what we, as women, can accomplish” – Michelle Obama

