

Dr. Annie Gornall

Family Physician | Squamish General Hospital

What does it mean to you to inspire inclusion and support gender equity?

I often reflect on how grateful I am to the women physicians ahead of me. Their mentorship meant I never had to doubt my place in medicine. It is an honour to be considered as someone who inspires others in turn.

I feel incredibly privileged to be a rural family doctor. During my medical student training at UBC Vancouver and family practice residency training through UBC's Northern Rural Program, I had the opportunity to live and work in many communities across BC. One of the things that drew me to rural health care was the chance to engage in the wellness and sustainability of my community.

Throughout my career, I have learned that our public health care spaces can be so much more than sites for the delivery of medical care – we can be ground zero for social change too. Each initiative and each interaction presents an opportunity to inspire inclusivity and equity within the framework of our health care system. It seems like an overwhelming responsibility, but I think it can be simple: be the change you want to see.

