

VGH Diabetes Centre Referral Form

Please complete in full and fax to 604-875-8276

PATIENT INFO		IMPORTANT	
Name Last First in	itial	Referral will not be processed without recent labs. • FPG, 2h PG where applicable • A1c (within 3 months)	
Gender M F Other Pronouns	s	 Lipid profile Serum creatinine + eGFR 	
Address	postal code	Albumin/creatinine ratio (ACR)	
Phone (home)		We do not accept referrals for: • Pre-diabetes	
Email:		 A1c <8.6% while on ≤ 2 antihyperglycemic agents that 	
		do not include insulin,	
Alternate Contact Name/Phone	Relationship	sulfonlyureas, meglitinides Please find our admission	
Is a professional interpreter needed? ☐ Yes: Specify langu	uage:	criteria and a link to other	
☐ No, patient speaks English ☐ No, family mem	ber /friend will interpret	referral options on the back.	
Barriers to learning in a group or class ☐ Frail elderly ☐	☐ Cognitive impairment		
□ Other	·		
-			
FAMILY PHYSICIAN INFO	SPECIALIST/CONSULTA	ANT INFO	
Dr Billing No	Dr	Billing No.	
Addresspostal code	Address	postal code	
Phone Fax		postal code Fax	
PRINCIPAL REASON FOR REFFERAL	DIABETES HISTORY		
	Age at diagnosis:	Current age:	
	DIABETES MEDICATIONS/DOSE		
Would you like the patient to be seen by one of our Diabetes Centre physicians? ☐ No ☐ Yes			
Please note: The patient will be seen by one of our			
physicians if one or more of the following is present: a) FPG >12 b) A1c >10.0% c) Known diabetes complications d) A1c remains >7.5% at 6 months after attending our program	OTHER RELEVANT MED	DICATIONS/DOSE	
If you require an endocrinology referral for a patient who does not meet our centre's admission criteria, please refer directly to the endocrinologist's office.			
KNOWN DIABETES COMPLICATIONS	RELATED MEDICAL ISS	SUES	
□ CAD/Stroke/PVD □ Nephropathy □ Retinopathy	☐ Hypertension [☐ Sexual Dysfunction	
☐ Neuropathy ☐ Foot Problems	☐ Respiratory/COPD □	☐ GI Problems ☐ Depression	
Comments:	☐ Mental Health (Specify)		
	□ Other		
Referring Physician Name			
Date			

Rev July 2025 See information on back.

VGH DIABETES CENTRE INFORMATION

Do not fax this side when referring patients to the Centre. This information is for your use only.

Address

Diamond Health Care Centre Station 2, 4th Floor – 2775 Laurel Street Vancouver, BC V5Z 1M9

Office Hours

Monday to Friday – 8:00 a.m. to 4:00 p.m. Closed on statutory holidays.

Phone 604-875-5910 **Fax** 604-875-8276

Referral to see an Endocrinologist

Please be advised the current wait time to see an Endocrinologist is approximately **1 to 2 years**, exempt in cases deemed urgent.

Appointment Confirmation

Confirmation of appointments is required **at least 2 weeks** prior to the scheduled date. Cancellations and reschedules must be made with a minimum of **48 hours' notice**. Missed or cancelled appointments may lead to a **3–6-month** delay in rebooking.

Appointments

The Diabetes Centre staff will review information provided on each referral to determine urgency and type of appointments required. Once the referral is accepted, we will contact the patient directly to schedule an appointment. If the referral does not meet the clinic's criteria, we will notify you of the decision via fax.

New Admission Criteria (starting July 2020). Any one of the following:

- A1c 8.6% or higher
- On insulin
- On any 3 or more antihyperglycemic agents
- On 2 or more antihyperglycemic agents which include a sulfonylurea or meglitinide
- Age 75y or more + any 2 antihyperglycemic agents
- Existence of chronic or acute diabetic complications

Please visit www.vch.ca and click on 'Location & Services' for information on other referral options and resources.

Group Education Classes

Monthly. Offered virtually (via zoom) or in person

Individual Appointments

For patients not suitable for group participation due to e.g., vision, hearing, frailty, cognitive or behaviour impairment, language barriers, complex medical management.

Insulin Starts/Changes

Patients must have an insulin prescription indicating type(s) & dose(s) of insulin.

Endocrinology Referral

- Patients with one of more of the following will be seen by one of our endocrinologists:
 - a. FBG >12
 - b. A1c >10%
 - c. Known diabetes complications
 - d. A1c >7.5% at 6 months after attending our program
- Patients who do not meet the above criteria may be referred to the endocrinologist at the discretion of the referring physician.

Diabetes Centre Reports

A report will be sent to the family physician and the referring physician after each visit. If additional copies are required, please indicate on the Referral Form.