

Choosing the Right Shoes

When you have problems with the joints in your legs or feet, you may need to pick your shoes more carefully. “Comfort shoes” are shoes that are made to support the bones and muscles of the foot in the right position, not just to look good. You may be able to get comfort shoes at your regular shoe store, or if you have more complex needs, you might need to go to a special shoe store for people with foot problems. Sometimes special modifications (changes to the shoe) or even custom-made shoes are needed. The following is a list of some stores to try. Your Physiotherapist or Occupational Therapist can also give you suggestions of what to look for when you shop for the right shoes for your feet.

* Means the store does custom shoe modifications.

Company Name	Address	Phone
A Step Ahead Footwear	Metrotown Mall, Burnaby Coquitlam Centre, Coquitlam	604-437-5600 604-474-4355
Burnaby Orthopedic and Mastectomy *	#300-6411 Nelson Ave, Burnaby	604-436-6092
Foot Solutions	#184 - 8120 No 2 Rd, Richmond 2620 West Broadway, Vancouver	604-272-7751 604-267-7463
Forerunners	3502 West 4 th Avenue, Vancouver 3889 Main St., Vancouver 980 Marine Drive, North Vancouver	604-732-4535 604-559-3889 604-982-0878
FitFirst Footwear*	#1005-3713 Kensington Avenue, Burnaby	604-299-8851
House of Clogs	1719 Lonsdale Avenue, North Vancouver	604-988-0115
Kintec Footlabs *	1201- West Broadway, Vancouver 975 Marine Drive, North Vancouver #280-6091 Gilbert Road, Richmond Additional locations in Langley, Surrey, Port Moody, Maple Ridge, Abbotsford & Squamish.	604-200-3338 604-200-3338 604-200-3338
LadySport	3545 West 4 th Avenue, Vancouver	604-733-1173
Lobel & Son * (also makes custom shoes)	418 Columbia Street, New Westminster	604-522-8210
Luxia Shoes *	4668 Main Street, Vancouver	604-872-5161
New Balance	1158 Robson Street, Vancouver 6345 120 th Street, Delta	604-685-6055 604-501-1333
Peninsula Runners	100-1688 152 nd St., White Rock 201E 20999 88 th Ave., Langley	604-531-7879 604-888-1338
Rackets n Runners	3880 Oak Street, Vancouver	604-733-9211
Ronsons	2929 Barnet Highway, Coquitlam 1701 152 nd St., Surrey 19705 Fraser Highway, Langley	604-285-5237 604-385-6338 604-427-1712

Running Room	#8050-11688 Steveston Hwy, Richmond 6185 200th Street, Langley 2112 West 4 th Ave, Vancouver 1514 Robson St., Vancouver And other locations.	604-204-0100 604-534-2112 604-225-0222 604-684-9771
SAS Comfort Shoes	5900 Kingsway, Burnaby	604-558-4727
The Right Shoe	1601 West 4 th Avenue, Vancouver	604-737-6014
West Van Foot Clinic	1873 Marine Drive, West Vancouver	604-200-5997

The following stores do not sell shoes but will do custom modifications to shoes that you already own.

Company Name	Address	Phone
Ali's Leather & Shoe Repair	#135-9040 Blundell Road, Richmond	604-270-3525
Capilano Cobbler	935 Marine Drive, North Vancouver	604-980-9092
Elan Shoe (also makes custom shoes)	2572 Granville Street, Vancouver	604-677-5013
La Galoche Shoe Repair	1035 West 67 th Ave (at Oak Street), Vancouver	604-261-5141
Lynn Valley Shoe Repair	1199 Lynn Valley Road, Lynn Valley Centre, North Vancouver	604-983-4260
Marcell Shoe Renew	#125 – 1425 Marine Drive, West Vancouver	604-926-4525
Modern Shoe Renew	1723 Lonsdale Avenue, North Vancouver	604-988-8610
Money's Worth & Best Quality Shoe Repair	2002 Park Royal South, West Vancouver 777 Dunsmuir Street, Pacific Centre, Vancouver	604-925-9062 604-408-9188
Paris Orthotics	1861 West Broadway, Vancouver 221-181 Keefer Pl, Footbridge, Vancouver #114- 3200 Westwood Street, Port Coquitlam #1 – 20349 88 th Avenue, Langley	604-736-6537 778-945-6756 ext.5 604-942-4938 604-822-6510
The Quick Cobbler	430 West 2 nd Avenue, Vancouver	604-682-6354
Tony's Shoe Repair	6041 West Boulevard, Vancouver	604-263-0699

Disclaimer: Please note this is not an exhaustive list of Shoe Suppliers. For detailed information of local shoe suppliers, please consult your area telephone directory.