

Emergency Supply Guidance
Community Based and Long-term/Assisted Living Care Sites

In alignment with [PreparedBC Guidelines](#), HEMBC encourages community – based and long-term care/assisted living care sites to maintain a basic supply of emergency resources. These supplies support staff to shelter in place or evacuate safely during emergencies when access to external resources may be interrupted.

Please note: This guidance is not a requirement or mandate. HEMBC does not provide funding for emergency supplies and each site or organization is responsible for determining their own level of preparedness and funding allocation.

Minimum Recommended Supplies

Water

- 4 litres of emergency water per staff* member expected on site at any given day for a minimum of three – days (72 hours). The recommended breakdown includes:
 - 2 litres for drinking
 - 2 litres for food preparation and hygiene



Food

- Three days (72 hours) supply of food per staff* expected on site at any given day



Light & Communication

- Flashlights: Battery powered or hand-crank
- Extra batteries
- Phone charger, power bank, or inverter
- Whistles
- Two-way radios

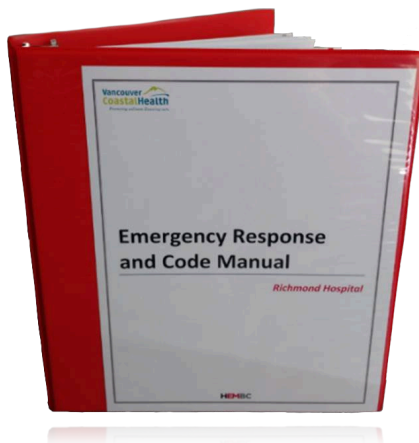


*For LTC/AL, residents/clients will already be covered for emergency food and water through food services agreements

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First Aid & Hygiene

- First aid kit, including, but not limited to:
 - Bandages
 - Antiseptic
 - Pain relievers
 - Gloves
- Face masks
- Hygiene items, including but not limited to:
 - Hand sanitizer
 - Wipes or toilet paper
- Garbage bags



Administration

- Colour Codes and Emergency Response Manual
- Emergency contact list
- Call-out list

Preparing and Ordering Emergency Supplies

- Emergency food and water, and ready-made emergency kits can be ordered at:
 - [Canadian Safety Supplies](#)
 - [Total Prepare](#)
 - [F.A.S.T.](#)
- Instructions on how to build your own emergency kit can be found at [Prepared BC](#) and [Canadian Red Cross](#)