# Overview

A Code Blue is activated upon discovery of a person who is experiencing an immediate medical emergency such as cardiac or respiratory arrest; unless a physician has written a Do Not Attempt CPR order (DNACPR) or there is a known advance care directive such as Medical Orders for Scope of Treatment (MOST).

Refer to your sites Code Blue policies and/or procedures

**As in all emergencies, consider your safety first.**

# Definitions

|  |  |
| --- | --- |
| Staff | Staff includes all medical and non-medical staff, and contract workers. |

# Response Procedures

### All Staff

* Call out for help and press emergency call bell, if available
* Request a nurse to assess for responsiveness and vital signs, if trained
* Do not move the individual
* Initiate CPR, if trained
	+ ***Unless a physician has written a Do Not Attempt CPR order (DNACPR) or there is a known advance care directive such as Medical Orders for Scope of Treatment (MOST)***
* Call or request someone to call **911** and provide:
	+ Name/address of the home
	+ Unit/location
* Remain with the individual

# post incident actions

* Ensure proper documentation is completed, as applicable:
	+ *[Insert title of documentation that should be completed after a code blue]*
* Follow site specific procedures, as applicable
* Debrief and ensure psychosocial support is provided, as needed

# supports

* If you experience any type of distress from an incident, you are encouraged to seek incident debriefing or emotional support [*insert information on who to speak with and any resources available*]