

Adolescent Complex Concussion Clinic (ACCC)

Admission Criteria/Mandate:

The Adolescent Complex Concussion Clinic (ACCC) provides assessment and limited intervention for adolescents with a complex concussion for patients across the province currently followed by a healthcare provider.

Admission criteria:

- 12-17 year-old adolescents or 18 year-olds in high school
- Diagnosed with a complex concussion in the last 12 months
- Complex concussion is **either**:
 - 1) persistent symptoms for **more** than 1 month post-concussion **or**
 - 2) post-concussion symptoms of **less** than 1 month with at least one of the following risk factors:
prior concussion(s), history of learning disability, diagnosis of ADHD or other developmental disability, history of migraine/headaches, history of depression/mood disorder/anxiety, and/or sleep disorder.
- Must have been seen by the local general physician, pediatrician, and/or concussion clinic but now needs specialized provincial service due to unresolved complex persistent concussion symptoms.
- Physician referral only.
- No severe/untreated substance use disorder or mental health condition.

NB. All referrals require:

- 1) **Signed physician referral form AND**
- 2) **All available information on:** emergency report, pediatric consultation, imaging results, psychological assessment, and previous treatment plan from pediatrician, general physician, and/or concussion clinic.
- 3) **Referrals will be screened for eligibility and prioritized as necessary**