

G.F. Strong Rehab Centre

GF Strong Outpatient Rehabilitation Admission & Discharge Criteria

The Outpatient Rehabilitation Program at GF Strong provides specialized rehabilitation for adolescents and adults. The program is client-focused, goal oriented and time limited for clients who require the unique services of a specialized interdisciplinary team or rehabilitation specialist that cannot be provided by local or community care providers. The goal of rehabilitation is to transition clients to ongoing community supports and resources. The program is divided into four services:

- Spinal Cord Program
 - Common Diagnoses:
 - Traumatic or non-traumatic spinal cord injury
 - Spinal cord related diseases
 - Spina Bifida (adults)
 - Cauda Equina Syndrome
- Acquired Brain Injury Program
 - Common Diagnoses:
 - Stroke
 - Brain Injury (anoxic / traumatic / chemical)
 - Brain tumour
- Adolescent & Young Adult Program
 - Ages 12-19 years old
 - Common Diagnoses:
 - Acquired Disabilities (brain injury, SCI, multi-trauma)
 - Congenital physical disabilities (spina bifida, muscular dystrophy, cerebral palsy, etc)
- Neuromusculoskeletal Program
 - Common Diagnoses:
 - Neuromuscular disorders & diseases
 - Complex Medical & Surgical Conditions (post-transplant / rehab medically complex)
 - Burns
 - Amputations
 - ALS

The following core services are available in the Outpatient Rehabilitation Program:

- Physiatry (physician specialized in physical medicine and rehabilitation)
- Physical Therapy
- Occupational Therapy
- Speech Language Pathology
- Recreation Therapy
- Psychology
- Social Work

The following services may also be accessed by referral to the Outpatient Rehabilitation Program:

- Nursing
- Registered Dietician
- Sexual Health
- Drug and Alcohol Counseling
- Vocational Rehabilitation
- Orthotics
- Assistive Technology & Seating Service
- Artworks
- School (adolescents)
- Driver's Rehab (by direct referral)

Admission Criteria:

- Client requires the unique services of either a specialized interdisciplinary team or rehabilitation specialist
- Client requires access to specialized skills and knowledge that cannot be provided by local or community care providers
- Client is medically stable
- Client has demonstrated rehabilitation potential with expectation for functional improvement and/or clinical change and has identifiable rehab goals
- Client demonstrates motivation and a willingness to participate
- Client has the ability to learn and benefit from rehabilitation
- Client is able to manage their own personal care or has a caregiver available to assist
- Client is independently mobile or has a caregiver available to assist
- Client has the ability to travel and attend appointments as scheduled
- MSP or other funding secured

Exclusion Criteria:

- Appropriate rehabilitation services are available in the client's local health region
- Client demonstrates aggressive behaviors that pose a threat to the safety of themselves or others
- When referral is solely for the purpose of obtaining a Medical/legal assessment
- Client has received a course of outpatient therapy for the same issues/goals and whose status remains unchanged

Discharge Criteria:

- Client has met their rehabilitation goals as outlined at the start of treatment within the initial timeline prescribed
- Client needs can be met by another agency or service in their local community
- Client has not demonstrated evidence of improvement in functional abilities
- Client becomes medically unstable
- Client has missed 2 appointments without notifying the program 24 hours in advance
- Client is not adherent with treatment